



CARDIFF DRAGONS

U23

Physiotherapist

July 2024

Physiotherapist – Cardiff Dragons Pathway U23 Squad

Job Description

We are seeking an experienced physiotherapist to provide a physiotherapy service to the Cardiff Dragons Pathway U23 Squad. The physiotherapist will work with Cardiff Dragons Pathway U23 Squad at training sessions and during competition for the 2025 season.

Role Summary

Job Title: Physiotherapist – Cardiff Dragons Pathway U23 Squad

Contract: Hourly paid (consultancy) with reasonable travel expenses. Contract will run from September 2024 – July 2025

Responsible To: Head of Performance/ Head Coach U23

Location: Cardiff, with travel across the UK for competition

Closing date: The closing date for applications is 5pm, on the 7th of August 2024.

Interview date: Interviews will be held on the 20th of August 2024. All Interviews will be conducted virtually.

NB: Candidates should ensure that they are available weekly to attend U23 Pathway training sessions throughout the year (evenings and mornings dates TBC) the trials and all NPL games, details of which are outlined below:

Pathway Trials:

- U23 CD Trial: 22nd of September 2024

NPL Competition Dates (These are usually on a Friday or Saturday as follows):

- U23 – w/c 3rd February 2025 to w/c 23rd June 2025

U23 Squad Training:

Training will start in November 2024 (approximately) and will run until June 2025, and will be either 2 x weekday evenings or 1 x weekday evening and 1 x early mornings session per week. There may be additional fixtures planned for the 2024/25 season, which will be discussed at interview.

Please send your CV and covering letter outlining how you meet the essential and desirable criteria to info@cardiffdragons.com For an informal discussion about the role please contact Sara Moore, Head of Performance by email: sara.moore@walesnetball.com

02920 334950

INFO@CARDIFFDRAGONS.COM

SPORT WALES NATIONAL CENTRE, SOPHIA GARDENS, CF11 9SW

Main Duties

- To provide physiotherapy support to the Cardiff Dragons Pathway U23 Squad at training and competitions as per the performance calendar.
- Attend all training and competition dates with the squad as the team Physiotherapist.
- Be a supportive and consultative member of an effective multi-disciplinary team.
- Engage in continuing professional development and share best practise particularly in the area of injury prevention with other physiotherapists that support Cardiff Dragons.
- Liaise with the wider sports science support team and the U23 Head Coach to establish appropriate performance preparation and recovery methods/ techniques.
- Liaise with the Performance Pathway Officer with regards to clearance of medical provisions for travel and competition.
- Embody and role model the Cardiff Dragons values, gain the respect and trust of players, coaches and work to high ethical standards.
- Demonstrate an athlete centred approach and excellent communication skills.
- Work with the Head of Performance, the U23 Head Coach and UKAD to ensure that all athletes are aware of anti-doping regulations.
- Ensure all athletes are aware of drug testing procedures and accompany athletes during the process in accordance with testing protocols in conjunction with the Head of Performance and Team Managers.
- To lead on athlete injury screening throughout the NSL season and to work closely with the S&C Lead on any interventions required for athletes as a result.
- To complete notes for each athlete following treatment, and any other reporting as required by Cardiff Dragons and NSL.
- To work collaboratively with the NSL Squad Lead Physio and the U17/19 Sports Therapists to support the transition of athletes across Pathway and NSL programmes.

Key Competencies

Skills and Knowledge	Essential	Desirable
Qualified physiotherapist HCPC Sports First aid qualification Sports Trauma Certificate Knowledge and experience of being a Physiotherapist in performance sport Experience of working within a multi-disciplinary team Experience of Safeguarding and Child Protection Workshop Excellent communication and organisation skills. Pro-active with regard to problem solving Works well under pressure, and able to prioritise and manage own time well Sound knowledge of anti-doping regulations and procedures Athletes centred Understanding of the importance of EDI Sports massage/ taping qualification	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓
Other Flexible approach to work 9i.e. evenings, early mornings and weekends Full drivers licence DBC checked	✓ ✓ ✓	✓ ✓ ✓