



**CARDIFF
DRAGONS**

U17 & U19

Assistant Coaches

June 2024

Role Description – Cardiff Dragons Assistant Coach (U17 & U19)

Cardiff Dragons are looking for enthusiastic and committed individuals to join our coaching team. The Cardiff Dragons Pathway is home to our Cardiff Dragons age group squads (U17/19 & 23), and we are seeking to recruit two Assistant Coaches (at U17 and U19 level) to work collaboratively with our Head Coaches, to develop our talented athletes.

The U17 & U19 Assistant Coaches will have experience of talent development within a high-performance netball environment, will be athlete centered, and have an open and inclusive coaching style. The Assistant Coaches will have experience supporting and delivering netball sessions to a high standard and will need to demonstrate both technical and tactical competence appropriate to the relevant age group. The Assistant Coaches will work in accordance with the Cardiff Dragons Way and NSL 2.0 Expected Operating Standards and will demonstrate a willingness to work collaboratively to aid talent development within the pathway, working closely with the U17 and U19 Head Coaches to plan, lead, and deliver high quality sessions to prepare our squads for competitions. The U17 and U19 Assistant Coaches will benefit from internal and external professional development opportunities.

Role Title: Cardiff Dragons Assistant Coach (U17) or Assistant Coach (U19)

Contract: Voluntary role with honorarium payment (September 2024 – August 2025)

Location: Cardiff with travel across the UK for competition.

Closing date: The closing date for applications, 5th of August 2024

Interview dates: Interviews will be held the week of the 12th of August 2024. All interviews will be conducted virtually.

NB: Candidates should ensure that they are available weekly to deliver Pathway training sessions throughout the year, and attend the trials as well as all NPL games and pre-season games which are outlined below:

Pathway Trials:

- U17 CD Trial: 21st September 2024
- U19 CD Trial: 22nd September 2024

NPL Competition Dates:

Please note that these are draft dates and are TBC (They are currently on Saturday, but this is subject to change)

- U17/ U19 –
 - w/c 16th November
 - w/c 2nd December
 - w/c 16th December
 - w/c 6th January
 - w/c 13th January
 - w/c 20 January
 - w/c 10th February
 - w/c 24th February
 - w/c 17th March
 - w/c 24th March
 - w/c 31st March
 - w/c 7th April

- NPL Tournament (U17/19) – w/c 21st of July

Please send your CV and covering letter outlining how you meet the essential and desirable criteria to info@cardiffdragons.com please make it clear in your application which role you are applying for (i.e. U17 or U19). For an informal discussion about the role please contact Sara Moore (Head of Performance) by email: sara.moore@walesnetball.com

Role Summary

Cardiff Dragons are looking for enthusiastic and committed individuals to join our coaching team. The Cardiff Dragons Pathway is home to our Cardiff Dragons age group squads (U17/19 &23), and we are seeking to recruit two Assistant Coaches (at U17 and U19 level) to work collaboratively with our Head Coaches, to develop our talented athletes.

Typical Responsibilities

- To assist and support in the delivery of high-quality netball sessions for the U17 or U19 squad in accordance with the Cardiff Dragons Way.
- To support the Head Coach with any planning for each U17 or U19 session to ensure progression throughout, aligned to the NSL and Cardiff Dragons aims and principles of play.
- To work collaboratively as required with wider support services for the Pathway Programme including sport science and medical service and training facilities.
- In conjunction with the Head Coach, Team Manager and wider support services, co-ordinate and ensure that the provision of squad training requirements is met.

02920 334950

INFO@CARDIFFDRAGONS.COM

SPORT WALES NATIONAL CENTRE, SOPHIA GARDENS, CF11 9SW

Commented [SM1]: Add the competition dates in please Lou

- In conjunction with the Head Coach oversee individual performance plans (IPPs) and training programs for Pathway Programme athletes.
- Support the Head Coach to ensure Pathway U17 or U19 athletes meet all requirements of anti-doping and drug testing prior to, during and post competition
- Support the Head Coach with the delivery of coaching workshops, coaching sessions and mentor for Pathway coaches, schoolteachers and clubs as required.
- Support the effective management of U17 or U19 Pathway athletes, in line with our values and behaviours.
- Support and maintain strong relationships with key internal and external partners and stakeholders who contribute to the success of performance objectives and pathway programmes.
- Support the U17 or U19 Head Coach to ensure that all activities are conducted in an appropriate way in accordance with health and safety, safeguarding and duty of care policies within Cardiff Dragons.
- Work closely with the NSL Head Coach and Assistant Coach to establish rapport and effectively support the transition of athletes between the U17's / 19s and U23s and NSL squads.

Other:

- Support and maintain the successful image and profile of the Cardiff Dragons Pathway, and its athletes, and contribute to promotional activities as required.
- To ensure that all activities are conducted in an appropriate way in accordance with health and safety, safeguarding and duty of care policies within Cardiff Dragons, NSL and Wales Netball.
- Engage in productive and cooperative working relationships with Wales Netball, England Netball and NSL.
- Undertake such duties as requested by the Head of Performance as may be required from time to time as are consistent with the responsibilities of the post. This job description is not to be regarded as exhaustive.

Key Competencies

Qualifications	Essential	Desirable
Has a minimum WNA/UKCC Level 2 Coaching Award or equivalent	✓	
Working towards UKCC Level 3 Coaching Award, or equivalent.		✓
Educated to degree level in a relevant discipline.		✓
Skills and Experience	Essential	Desirable
Demonstrable recent experience of supporting a high-performance age grade netball team.	✓	
Analytical thinker – can contribute to and implement the strategic vision of the Head Coach.	✓	
Ability to support high-performance culture with transparent and honest leadership.	✓	
Have an athlete centred approach to ensure effective development of individual athletes and the team.	✓	
Demonstrates knowledge of netball technical and tactical requirements at high performance (age group U17 or U19) level	✓	
An understanding of coaching, sport development, talent ID, talent pathways		✓
Experience of administration		✓
A sound working knowledge of Microsoft office (word, excel, PowerPoint, Access, and Outlook)		✓
	✓	

Ability to take a flexible approach to work issues and to plan and prioritise work to meet tight deadlines regarding both team and individual tasks.	✓	
The ability to work under pressure, take own initiative and contribute to the team.	✓	
The ability to communicate effectively with colleagues.	✓	
Passionate, motivated and enthusiastic about developing talented netball athletes.		
Other	Essential	Desirable
Flexible working – regular evening and weekend working.	✓	
Able to travel within Wales and UK as required for competition.	✓	